

Vernon Restholm, 60 years of supportive living for seniors



Vernon born and raised sisters Doreen and Jean are two of Vernon Restholm's 48 residents. Their mother and aunts called Restholm home years ago. Doreen and Jean always knew that one day they too would call Restholm home.



Vernon Restholm, Vernon's first seniors home opened its doors on April 1, 1964. It has been home to thousands of area seniors ever since. Restholm is an independent, non-profit association governed by its volunteer board of directors and members. Every resident is a member of the association, giving them a say in how Restholm is managed and operated.

Restholm is a happy, busy place. A visit to Restholm is like taking a trip back to a simpler more friendly time. Our hallways are filled with laughter, conversation, and the smell of home cooking. Restholm is all about companionship, we are small enough for everyone to get to know one another by first name. Restholm is

a place where new friendships develop, and old friendships rekindle.

Situated in downtown Vernon, Restholm is close to amenities such as shopping, pharmacies, cafes, and the Schubert Centre. Built on one level, with no elevators or stairs to climb getting around Restholm is very easy. Our grounds are an oasis of calm in the middle of town. Home to a variety of wildlife, with a paved level path and plenty of quiet spots in which to sit, our gardens are the perfect place to commune with nature or visit with friends and family.

There's always something fun to do at Restholm. With our recreation program hosting a variety of daily and weekly activities including exercises, games, birthday parties, socials, music, entertainment and outings in our bus, you will never be bored.

Restholm is the North Okanagan's most affordable housing option. Rent includes meals, utilities, cable, housekeeping and laundry services. Leave life's worries behind, and let our caring staff take care of everything so you can enjoy the good things in life.

Doreen and Jean love it at Restholm! After a lifetime of caring for family and friends they are happy to sit back, relax and enjoy the homey atmosphere at Restholm.

Independent Supportive Living for Seniors

- \$1435 per month includes meals, utilities, cable, laundry and housekeeping
- Hairdresser, Manicures
- Ground level rooms
- Individual air conditioning



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