

# Why Should You Compost?



There are many personal and even larger-scale benefits of composting. For example, backyard composting allows you to create nutrient rich soil ideal for your home garden.



Composting also reduces how much waste is put into landfills. Did you know that in 2021, just over 30% of the waste in Thompson-Nicola Regional District landfills was compostable organics? That is waste that you can help reduce by engaging in backyard or community composting.

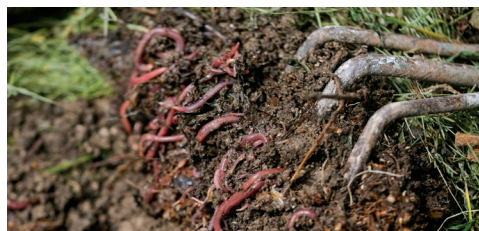
When these organic wastes are piled up into landfills, they release methane, a potent greenhouse gas that contributes to climate change. In fact, the government of Canada estimates landfills are responsible for 23% of the nation's methane emissions. By composting, you are helping to reduce these harmful and unnecessary emissions.

In short, composting makes a huge difference. It is one of the best ways that you can help out both your community and the planet. We understand it can get confusing, so here are a few tips and tricks:

- 1) Mulch dried leaves before composting to reduce volume.
- 2) Let lawn clippings dry out in the sun before adding them to composter to reduce bad smells and matting problems.
- 3) If you live in an area

with bears, it is best to compost only grass, leaves, and garden trimmings, while composting kitchen scraps inside.

For more tips and tricks to help you on your composting journey, visit [tnrd.ca/compost](https://tnrd.ca/compost). Here, you can find useful information on three fun and distinct ways to dispose of your organic waste: worm composting, backyard composters, and green cones. Also on the website you can find how and where to purchase these composters at subsidized rates. Prefer to call? Talk to us at **1-877-377-8673**.



# WHEN IN DOUBT, CHECK IT OUT

With over 130,000 people spread over 44,000 km<sup>2</sup>, the Thompson-Nicola Regional District is a **Diverse Community**, and that requires **Diverse Recycling Solutions**.



Curbside Collection? TNRD Eco-Depot or Transfer Station? Local Bottle Depot?  
Find out what your options are in your community

Much of the paper and packaging we throw away every day can be recycled, it just needs to be put in the proper place so it doesn't contaminate other recyclables.

Reach out to the TNRD or the Recycle Council of BC for more;  
[rcbc.ca/recyclepedia](http://rcbc.ca/recyclepedia) or call **1-800-667-4321**



*Be sure to follow us for all the latest information*

[tnrd.ca](http://tnrd.ca) | **1.877.377.8673** | [recycleright@tnrd.ca](mailto:recycleright@tnrd.ca)

