

Safety in the Home for Seniors

In years past, Safety in the Home for Seniors, was not as much of an issue as it is today. We all take our environment for granted because it is just what we have gotten used to in our everyday lives. Who would think that things like handlebars in the shower or bathtub would become necessary items as we age.



Most seniors prefer the option of remaining in their own homes instead of the disruption of moving into a facility. Being more comfortable in an environment that they have created as opposed to a tiny apartment setting or even a single room where precious memories do not reside.

The downside of aging at home is that we need to be more vigilant in what is around us. Are there mats on the floor that once were beautiful additions and now are fall risks? Are the outlets covered and unsafe? Do we need to put bars beside the toilet to help us stand, and in the tub

so we have something to hang on to in a wet tub?

There are many little things that we wouldn't even think would be harmful or dangerous, but there are. There are too many to mention here, however the good news is that there are companies that will provide care for our senior population, help them stay in their homes, and

know very well the dangers to look for.

These companies need to be vetted, insured and have bonded staff that are experienced in the care of seniors. They need to offer services from companions on up. They also need to be proud to be to offer 'Hospital to Home' services so that no one has to go home alone after a day surgery or a hospital stay.

Qualicare Home Care

Call for information on what we can do for you.

www.qualicare.com/vernon-kelowna-bc

Email: Azeng@qualicare.com

3315 Coldstream Avenue, Vernon, BC • 250-293-0773

Qualicare®

Home Care



“Qualicare changed everything. Mom loves her new companion, meanwhile Jack and I have peace of mind and more time to focus on the kids.”

Janette Aldermaine

Qualicare Vernon-Kelowna is your family's partner for personalized home care

We offer 360 degree home care support services via qualified home care aides and experienced nurses. Our goal is to close the current gap in home care services and help seniors retain their independence and stay connected to their community.

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Talk to a Care Expert (250) 293-0773